

## jones coffee /

includes a buttery shortbread biscuit +37 kcal

<b>espresso</b> 1 kcal	3.50
<b>double espresso</b> 1 kcal	4
<b>macchiato</b> 10 kcal	3.50
<b>piccolo</b> 39 kcal	3.50
<b>cortado</b> 20 kcal	3.50
<b>americano</b> reg 1 kcal   lrg 1 kcal	4   4.50
<b>flat white</b> reg 54 kcal   lrg 128 kcal	4.25   4.75
<b>cappuccino</b> reg 68 kcal   lrg 132 kcal	4.25   4.75
<b>café latte</b> reg 79 kcal   lrg 128 kcal	4.25   4.75
<b>spanish latte</b> 317 kcal	5
<b>babycino</b> 79 kcal	2

decaf coffee, almond, oat and coconut milk alternatives available

## chai and chocolate /

includes a buttery shortbread biscuit +37 kcal

<b>chai latte</b> 280 kcal	5
<b>café mocha</b> 260 kcal	5
<b>valrhona hot chocolate</b> 316 kcal	5

## jones teas /

includes a buttery shortbread biscuit +37 kcal

<b>ever-so-english breakfast</b> 0 kcal	3.50
<b>the earl of grey</b> 0 kcal	3.50
<b>sweet chamomile</b> 0 kcal	3.80
<b>queen of green</b> 0 kcal	3.80
<b>st. clement's lemon</b> 0 kcal	3.80
<b>the berry best</b> 0 kcal	3.80

## mineral water /

<b>belu still</b> 0 kcal	3.50
<b>belu sparkling</b> 0 kcal	3.50

## breakfast tippie /

<b>bloody mary</b> vodka, spicy tomato juice, green olives, celery, pickle	11
<b>mimosa</b> prosecco, orange juice	9.90

## soft drinks /

<b>coke</b> 182 kcal	4.75
<b>diet coke</b> 1 kcal	4.50
<b>coke zero</b> 1 kcal	4.50
<b>sprite zero</b> 4 kcal	4.50

## smoothies /

<b>sunrise paradise</b> mango, banana, pineapple, passionfruit, orange, strawberry	7
<b>berry blast</b> strawberry, raspberry, blackberry, cranberry, banana, honey, yoghurt	7
<b>clean green</b> spinach, celery, cucumber, green apple, lime	7

## iced drinks /

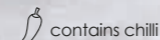
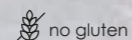
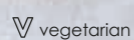
<b>coffee and chocolate brownie frappé</b> 861 kcal	7.50
<b>iced americano</b> 1 kcal	4
<b>iced latte</b> 167 kcal	4.25
<b>iced spanish latte</b> 414 kcal	5
<b>passion fruit, mint, ginger and honey fizz</b> 293 kcal	5
<b>fresh lemonade with mint</b> 125 kcal	5
<b>berry best iced tea</b> 80 kcal	5

## juices /

<b>fresh orange</b> 127 kcal	5
<b>cloudy apple</b> 160 kcal	5
<b>pineapple</b> 163 kcal	4
<b>big tom spicy tomato</b> 45 kcal	4



coffee and chocolate brownie frappé



Adults need around 2000 kcal a day. The calorie information for our menu is calculated from recipes, however, as all our dishes are prepared by hand, some variation may occur. Guidance permits a +/- 20% variance on published calorie values. For the latest calorie information please visit <https://tkmenus.com/jones>. Vegetarian means these dishes are made from ingredients that do not contain meat or fish. Vegan means these dishes are made from ingredients that do not contain any animal products. Gluten free means these dishes do not contain gluten as an ingredient; however, we do not have dedicated preparation or cooking areas within our kitchen for vegetarian, vegan or gluten free food. +Our fish is a natural product & may contain small bones. Not all ingredients are shown in the dish descriptions. We follow good hygiene practices in our kitchens, but due to the presence of allergenic ingredients in some products there is a small possibility that allergen traces may be found in any item. We advise you to speak to a member of staff if you have any food allergies or intolerances. For full details visit <https://tkmenus.com/jones>. TRG Concessions only use RSPCA Assured™ shell eggs in our restaurants. This means we use suppliers and farmers that adhere to the RSPCA welfare standard and have been checked by RSPCA assessors. We accept all major credit cards and currencies. Our prices include VAT at the current rate. All prices are in pound sterling. Gratuity is discretionary and all tips are kept by your server. We welcome your feedback: Email: [concessions@trg-plc.com](mailto:concessions@trg-plc.com) Post: TRG Concessions, 5 - 7 Marshalsea Road, London SE1 1EP [www.trgconcessions.co.uk](http://www.trgconcessions.co.uk) | 0524

we aim to serve all dishes in 10 minutes  
let your server know if you're in a hurry or ask for the bill when ordering

jones  
the grocer

WAKE UP  
SUNNY  
SIDE UP!



## a passion for food

Great food is about getting the basics right, about attention to detail, about being passionate about food. We want to share that passion with you. It's as simple as that!

## fresh from the oven /

butter croissant	360 kcal	3.20
pain au chocolat	386 kcal	3.50
almond croissant	387 kcal	3.50
croissant with cheddar	526 kcal	4.50
add a tasty preserve		1
ask for today's selection		



amazonian açai bowl



## super bowl /

### amazonian açai bowl

organic açai, banana, peanut butter, kiwi, mango, strawberries, blueberries, chopped almonds, coconut, chia seeds, sour cherry syrup 606 kcal

13

## something sweet /

### butter milk chocolate pancakes

home-made buttermilk pancakes, chocolate sauce, vanilla mascarpone, fresh berries 900 kcal

11

### brioche french toast

salted caramel sauce, berry compote, fresh berries, mascarpone, flaked almonds 863 kcal

14

## signatures /

<b>jones traditional english breakfast</b>	17
eggs, sourdough bread, sausages, bacon, sautéed mushrooms, baby spinach, vine tomatoes, hash browns 1191 kcal	
<b>marrakech mornings</b>	15.50
spicy tomato chickpeas, grilled halloumi, baby spinach, chorizo sausage, poached eggs, labneh, sourdough toast 1494 kcal	
<b>mushrooms on toast</b>	11.50
sautéed mixed mushrooms, cannellini hummus, basil and nut pesto dressing, toasted sourdough 582 kcal	
<b>persian feta omelette</b>	14.50
smoked chicken, tomato chutney, baby spinach, sun-dried tomatoes, shallots, sourdough toast 942 kcal	

## poached eggs /

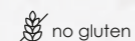
<b>classic benny</b>	14
poached eggs, streaky bacon, asparagus, micro herbs, hollandaise, english muffin 842 kcal	
<b>smoked salmon florentine</b>	16.50
poached eggs, smoked salmon, baby spinach, asparagus, hollandaise, english muffin 748 kcal	
<b>something smashing</b>	13.50
poached eggs, smashed avocado, greek feta, chilli flakes, caramelised lime, sweet potato 614 kcal	
<b>poached eggs, avo with basil and nut pesto</b>	14
herb salad, wholemeal sourdough toast 652 kcal	

something smashing



## a bit on the side /

<b>toast and butter</b>	3.80
gluten-free 305 kcal   sourdough 604 kcal wholemeal sourdough 534 kcal	
<b>eggs</b>	2.50
poached 155 kcal   fried 242 kcal scrambled 264 kcal	
<b>avocado</b>	4.50
250 kcal	
<b>smoked salmon</b>	5.50
96 kcal	
<b>baked beans</b>	3
111 kcal	
<b>jones sausages wrapped in bacon</b>	4.50
418 kcal	
<b>sautéed baby spinach</b>	4
109 kcal	
<b>slow-roast plum tomatoes</b>	3
119 kcal	
<b>crispy streaky bacon</b>	3.80
123 kcal	
<b>hash browns</b>	3.80
261 kcal	
<b>sautéed mixed mushrooms</b>	4
116 kcal	



For allergen information please visit our website: <https://tkmenus.com/jones>

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