

jones coffee /

includes a buttery shortbread biscuit +37 kcal

espresso 1 kcal	3.50
double espresso 1 kcal	4
macchiato 10 kcal	3.50
piccolo 39 kcal	3.50
cortado 20 kcal	3.50
americano	4 4.50
reg 1 kcal lrg 1 kcal	
flat white	4.25 4.75
reg 54 kcal lrg 128 kcal	
cappuccino	4.25 4.75
reg 68 kcal lrg 132 kcal	
café latte	4.25 4.75
reg 79 kcal lrg 128 kcal	
spanish latte 317 kcal	5
babycino 79 kcal	2

decaf coffee, almond, oat and coconut milk alternatives available

chai and chocolate /

includes a buttery shortbread biscuit +37 kcal

chai latte 280 kcal	5
café mocha 260 kcal	5
valrhona hot chocolate 316 kcal	5

jones teas /

includes a buttery shortbread biscuit +37 kcal

ever-so-english breakfast 0 kcal	3.50
the earl of grey 0 kcal	3.50
sweet chamomile 0 kcal	3.80
queen of green 0 kcal	3.80
st. clement's lemon 0 kcal	3.80
the berry best 0 kcal	3.80

mineral water /

belu still 0 kcal	3.50
belu sparkling 0 kcal	3.50

breakfast tippie /

bloody mary	11
vodka, spicy tomato juice, green olives, celery, pickle	
mimosa	9.90
prosecco, orange juice	

soft drinks /

coke 182 kcal	4.75
diet coke 1 kcal	4.50
coke zero 1 kcal	4.50
sprite zero 4 kcal	4.50

smoothies /

sunrise paradise	7
mango, banana, pineapple, passionfruit, orange, strawberry	312 kcal
berry blast	7
strawberry, raspberry, blackberry, cranberry, banana, honey, yoghurt	341 kcal
clean green	7
spinach, celery, cucumber, green apple, lime	129 kcal

iced drinks /

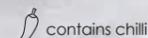
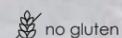
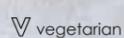
coffee and chocolate brownie frappé 861 kcal	7.50
iced americano 1 kcal	4
iced latte 167 kcal	4.25
iced spanish latte 414 kcal	5
passion fruit, mint, ginger and honey fizz 293 kcal	5
fresh lemonade with mint 125 kcal	5
berry best iced tea 80 kcal	5

juices /

fresh orange 127 kcal	5
cloudy apple 160 kcal	5
pineapple 163 kcal	4
big tom spicy tomato 45 kcal	4



coffee and chocolate brownie frappé



Adults need around 2000 kcal a day. The calorie information for our menu is calculated from recipes, however, as all our dishes are prepared by hand, some variation may occur. Guidance permits a +/- 20% variance on published calorie values. For the latest calorie information please visit <https://tkmenus.com/jones>. Vegetarian means these dishes are made from ingredients that do not contain meat or fish. Vegan means these dishes are made from ingredients that do not contain any animal products. Gluten free means these dishes do not contain gluten as an ingredient; however, we do not have dedicated preparation or cooking areas within our kitchen for vegetarian, vegan or gluten free food. +Our fish is a natural product & may contain small bones. Not all ingredients are shown in the dish descriptions. We follow good hygiene practices in our kitchens, but due to the presence of allergenic ingredients in some products there is a small possibility that allergen traces may be found in any item. We advise you to speak to a member of staff if you have any food allergies or intolerances. For full details visit <https://tkmenus.com/jones>. TRG Concessions only use RSPCA Assured™ shell eggs in our restaurants. This means we use suppliers and farmers that adhere to the RSPCA welfare standard and have been checked by RSPCA assessors. We accept all major credit cards and currencies. Our prices include VAT at the current rate. All prices are in pound sterling. Gratuity is discretionary and all tips are kept by your server. We welcome your feedback: Email: concessions@trg-plc.com Post: TRG Concessions, 5 - 7 Marshalsea Road, London SE1 1EP www.trgconcessions.co.uk | 0524

we aim to serve all dishes in 10 minutes
let your server know if you're in a hurry or ask for the bill when ordering

jones
the grocer

WAKE UP
SUNNY
SIDE UP!



a passion for food

Great food is about getting the basics right, about attention to detail, about being passionate about food. We want to share that passion with you. It's as simple as that!

fresh from the oven /

butter croissant	360 kcal	3.20
pain au chocolat	386 kcal	3.50
almond croissant	387 kcal	3.50
croissant with cheddar	526 kcal	4.50
add a tasty preserve		1
ask for today's selection		



amazonian açai bowl



super bowl /

amazonian açai bowl

organic açai, banana, peanut butter, kiwi, mango, strawberries, blueberries, chopped almonds, coconut, chia seeds, sour cherry syrup 606 kcal

13

something sweet /

butter milk chocolate pancakes

home-made buttermilk pancakes, chocolate sauce, vanilla mascarpone, fresh berries 900 kcal

11

brioche french toast

salted caramel sauce, berry compote, fresh berries, mascarpone, flaked almonds 863 kcal

14

signatures /

jones traditional english breakfast	17
eggs, sourdough bread, sausages, bacon, sautéed mushrooms, baby spinach, vine tomatoes, hash browns 1191 kcal	
marrakech mornings	15.50
spicy tomato chickpeas, grilled halloumi, baby spinach, chorizo sausage, poached eggs, labneh, sourdough toast 1494 kcal	
mushrooms on toast	11.50
sautéed mixed mushrooms, cannellini hummus, basil and nut pesto dressing, toasted sourdough 582 kcal	
persian feta omelette	14.50
smoked chicken, tomato chutney, baby spinach, sun-dried tomatoes, shallots, sourdough toast 942 kcal	

poached eggs /

classic benny	14
poached eggs, streaky bacon, asparagus, micro herbs, hollandaise, english muffin 842 kcal	
smoked salmon florentine	16.50
poached eggs, smoked salmon, baby spinach, asparagus, hollandaise, english muffin 748 kcal	
something smashing	13.50
poached eggs, smashed avocado, greek feta, chilli flakes, caramelised lime, sweet potato 614 kcal	
poached eggs, avo with basil and nut pesto	14
herb salad, wholemeal sourdough toast 652 kcal	

something smashing



a bit on the side /

toast and butter	3.80
gluten-free 305 kcal sourdough 604 kcal wholemeal sourdough 534 kcal	
eggs	2.50
poached 155 kcal fried 242 kcal scrambled 264 kcal	
avocado	4.50
250 kcal	
smoked salmon	5.50
96 kcal	
baked beans	3
111 kcal	
jones sausages wrapped in bacon	4.50
418 kcal	
sautéed baby spinach	4
109 kcal	
slow-roast plum tomatoes	3
119 kcal	
crispy streaky bacon	3.80
123 kcal	
hash browns	3.80
261 kcal	
sautéed mixed mushrooms	4
116 kcal	



For allergen information please visit our website: <https://tkmenus.com/jones>

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